



NEWPORT NEWS

A fortnightly update from NGHS



Miss Webster (Interim Headteacher)

Whilst we are always busy here at NGHS, this last fortnight and the one to follow are even busier than usual! Last week, we held our annual Curriculum Enrichment Week and what a brilliant week it was! We had residential in France and Germany, Duke of Edinburgh expeditions, work experience placements, day trips out to Go Ape, Leicester Space Centre, and Chester Zoo, students performing a show in a day, and so much more; it really was an extravaganza.

We also held our Year 12 induction afternoon, where students joining us in September were able to meet their peers and take part in activities led by our Head Girl and House Teams. It was lovely to see them all come together and begin to build new friendships ready for the next academic year. A huge amount of staff time goes into organising such wonderful activities so I would like to take this opportunity to say thank you for all their efforts with a special mention to Mr Williams for his overall organisation of Curriculum Enrichment Week and Ms Aldridge, who was key in booking activities, coordinating coaches and supporting with all the logistics involved in running such a busy week!

I would also like to thank our students for the exemplary behaviour they showed during this week; because of these things, we can provide this wonderful opportunity within the school year.

This week, Year 11 have also come back together to

Volume 7 - Issue 19 - Friday 5th July 2024

enjoy a day trip to Alton Towers. They worked so hard throughout their GCSEs and approached each one with a positive attitude; it is therefore lovely to see them celebrate as a cohort. Alongside this, we have been preparing for the final fortnight of this academic year. Next week sees our annual Sports Day and as always, we are hoping for a dry day! In the event of poor weather, we may have to decide to move the event to our reserve day on Thursday. Students should ensure they are prepared for lessons on Tuesday just in case we unfortunately have to postpone.

We also have House Drama on Wednesday where our talented students write and perform their play. We have no doubt that once again, the standard will be extremely high and I'm glad that I am not the one deciding the winner! In our final week of term, we have our Summer Fete on Tuesday and Culture Day on Wednesday (information will be shared about these by Mr Pointon), before finishing for the holidays on Friday 19th July at 12.30pm.

With only two weeks of term remaining, our behaviour expectations remain as high as ever and I would like to remind students in this last fortnight to take part in as much as they can within school and end the year in a positive manner ready to enjoy the holidays when they arrive.

Best Wishes,

Miss Webster



Sports Day - Tuesday 9th July (reserve Thursday 11th July)

House Drama - Wednesday 10th July

Summer Fayre - Tuesday 16th July

Culture Day - Wednesday 17th July

End of Summer Term - Pupils finish 12.30pm



A MESSAGE FROM THE HEAD GIRL TEAM

It has been a busy week for all the year groups and with the end of the school year approaching I'm sure everyone is excited to have a well deserved break. However, there is still a lot to look forward to in the upcoming weeks!

Last week was curriculum enrichment week which gave the year 12s some insight into what they would like to do after they finish their education here at NGHS. From being able to attend the Birmingham open day the week before to attending the UCAS fair, I'm sure many found it helpful. Many students attempted their DofE, had trips

and many more. So, I can say it was definitely an eventful week.

House drama is next week and the house team has been working hard to make extremely impressive performances. The pre sports day events have also started and it seems like everyone is having a lot of fun with it whilst also keeping a competitive edge.

I hope everyone enjoys house drama and makes the most of sports day. I hope to hear about what everyone enjoyed most about it!

Breanna H (Deputy Head Girl)



We Need Your Old Uniform Items!

As we are coming closer to the end of another academic year, we look towards a fresh start in September, which may involve the need for new items of school uniform. During the summer fete, the Head Girl Team will be selling good quality second-hand uniform at a discounted rate.

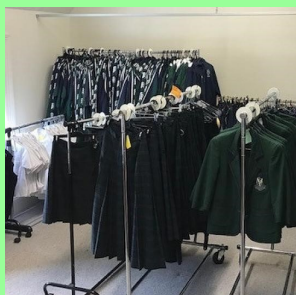
So that this can happen, we would therefore really appreciate it if you were able to donate any of your child's uniform that no longer fits them, so that another student could benefit from this next year, allowing us to be more sustainable as a school and to support all of our school community in obtaining high-quality, reduced price uniform.

This would be especially appreciated from our outgoing Year 11 students, who will no longer require their school uniform as they will be returning to the Sixth Form in business wear.

A donation box will be outside the main entrance of the school throughout the remainder of this academic year, and all donations would be hugely appreciated.

Thank you so much for your support.

Mr Pointon



Year 10 Work

Experience Reflections

"Over my week of work experience, I visited Ascendancy (a company dedicated to digital marketing and web design), which is based in Newport. I was introduced to search engine optimisation (SEO) and the importance of keywords and their implementation in the meta-descriptions of sites. I was able to design my own advertisements, as well as rewrite title tags and meta-descriptions for a school website in order to increase its probability of appearing as one of the first few results when keywords are searched. Overall, I had a great week learning about the world of digital marketing and the different aspects of it."

Lara C (Y10)

"During curriculum enrichment week Year 10 participated in work experience, it was a wonderful experience and a great way to practically learn about a job that may interest us in the future. I personally did my work experience in a primary school in which I was able to observe teachers and note the different methods they used to teach pupils effectively, I was able to put these into practice when helping students with their reading and writing. I also had the pleasure of working in a day care environment with children aged 1-3 years old which was my favourite part as I was able to learn how to work with younger children as well. Overall I thoroughly enjoyed my work experience and learnt so much from it, it has helped me to decide which career path I would like to endeavour into in the future."

Chiemela N (Y10)



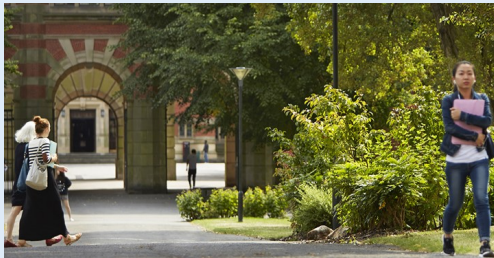
Year 12 Curriculum Enrichment Week



UNIVERSITY OF
BIRMINGHAM

Year 12 started Curriculum Enrichment Week with a trip to the University of Birmingham for an undergraduate open day. This was a fantastic opportunity for our students to explore the green and spacious campus of one of our local universities. Many students were interested in attending subject talks to find out more about full range of courses, modules and options available. Students got a great insight into student life, with campus tours, visits to the accommodation village, and an opportunity to see sports facilities, social areas and much, much more. The library was a popular place to visit, and there was so much more than books and periodicals – individual study booths, seminar rooms, wellbeing suite, learning support – so much on offer to support students on their academic journey.

The open day was a fantastic way for students to launch their research and planning for their next step after NGHS6. For some this will be a gap year, an opportunity to travel and or work abroad. For others there are degree apprenticeships to explore as a way of combining study with financial independence and work. For many the array of choices of courses at universities in the UK and beyond was brought into focus.



Year 12 students at the UCAS Fair, NEC Birmingham

The UCAS Fair at the NEC in Birmingham was another opportunity for our students to attend inspiring talks on the UCAS application process as well as kick-starting their research on individual universities and courses. Current students were on hand to discuss what student life is really like at hundreds of universities, and of course there were freebies galore, from tote bags to lip balm, pens, pencils and even 'Chip Spice' which Hull University was giving away (much to Mrs Glew's excitement).

We returned to school with prospectuses galore, and started a day of intense activity, as the UCAS application process was de-mystified and students registered with UCAS and started their applications. As students refined their choices, there were talks from former students for those focused on early entry (for Medicine, Veterinary, Dentistry and Oxbridge) and a presentation on apprenticeships. Later on in the day there was an informative presentation from another former NGHS student on student finance. For students studying full-time there are both Tuition Fee Loans and Maintenance Loans – both of which are applied for online next March, and students had the opportunity to ask anything they wanted about finance.

PERSONAL STATEMENTS

This is the part of the UCAS application that students write themselves to showcase their skills and experience, and ultimately their suitability for their chosen options. Students spent time working on these during the week and experienced tutors were on hand to support students with any questions they had as the first drafts began to take shape. Parents and students contributed online to the process by identifying any extenuating circumstances, to contextualise our students learning journey so far, and Mrs Griffin and Mrs Glew were busy in the Sixth Form office collating the information as it arrived.

Year 12 Curriculum Enrichment Week

WORK EXPERIENCE AND INTRODUCTION TO EPQ

The Atrium was strangely quiet on Thursday with the majority of students out on work experience placements around the region. From schools to solicitors' offices to a local MP, the students who were able to contact local employers and arrange their day were rewarded with a wealth of experiences to evidence their interest in courses that they will be applying for over the coming months. Some students were able to secure virtual work experience, or participated in online workshops, and others were able to use the time in school to focus on their UCAS application.

Friday morning started with an informative introduction to EPQ delivered by Miss Pritchard. As Y12 students know, the Extended Project Qualification is an opportunity for students to carry out their own detailed research and produce a written report (or create an artefact and write a shorter report) on a topic not covered by their A Level courses. Having chosen their areas of study, students have been refining their research questions and meeting with their project supervisor to discuss the work that they will carry out over the Summer. Miss Pritchard discussed with students how to analyse and evaluate academic research, and importantly how to reference their work using the Harvard referencing system.

Roddam Ecstatic to Win the Common Room Cup!

Finally at the end of the week we put down our pens and closed our laptops and every Y12 student participated in the 'Common Room Cup' – an inter-house rounders tournament that is a much-anticipated (and fiercely competitive) annual event that pre-dates the Atrium to a time when the Sixth Form had their 'common room' in a demountable classroom on the courts.

Mrs Goodall ensured that all 18 matches were played and umpired within the tight-timescale, and I'm delighted to say that Millie H lifted the Common Room Cup for Roddam as the sun set on a fabulous Curriculum Enrichment Week.

Many thanks to the staff who joined both the Birmingham open day and UCAS fair trips, and to those who have supported students as they have worked in the Atrium during the hottest days of the year so far, and to Mrs Goodall for organising the rounders competition which was amazing!

Miss Heyes

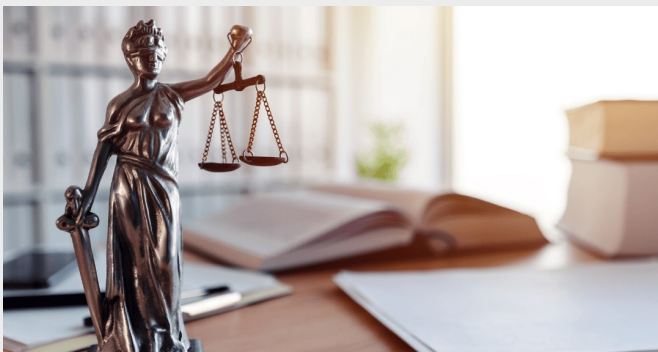
6th Form Well-Being and Progress Officer



CEW Work Experience—A Students Perspective

During Curriculum Enrichment Week, Year 12 had the opportunity to undertake one day of work experience. This opportunity was invaluable, especially as we also started looking at writing our personal statements during CEW (so being able to write about our experiences was very useful).

I personally spent my day at a law firm in Manchester. The day started with a team meeting that I got to sit in on, and the day progressed with meeting different people working at the firm and hearing about their roles. However, my favourite part of the day came when I was

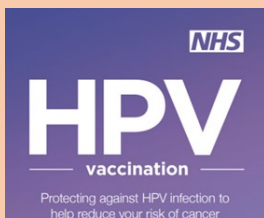


able to look over live inquest files (an inquest is a fact-finding inquiry, with a coroner/judge and occasionally a jury).

I considered what questions might need to be asked of witnesses at the inquest, so that the fee-earner (solicitor) could discuss these at pre-meets (meetings before the inquest). I analysed these files and then showed my conclusions to the fee-earner (who had conducted the case), who agreed with my conclusions.

This experience was incredible as I got to see what the roles of a solicitor (in this department) were in reality and was able to consolidate my ambitions of having a career as a solicitor. Additionally, I got to have some very nice coffee from their fancy coffee machine, so of course, the day was a success!

Freya T, Year 12



HPV vaccinations for Year 8 will be taking place in school on Friday 12th July. Parents and carers should make sure they have completed the online consent form sent to them a short while ago – to either consent for (or opt out of) the vaccination for their child.



Find out more: www.nhs.uk/vaccinations/hpv-vaccine/

Year 8 and 9 Go Ape!

Go Ape was a great experience for year 8 and 9. Our trip to the beautiful Wyre forest was one to remember where many overcame their fears and ventured



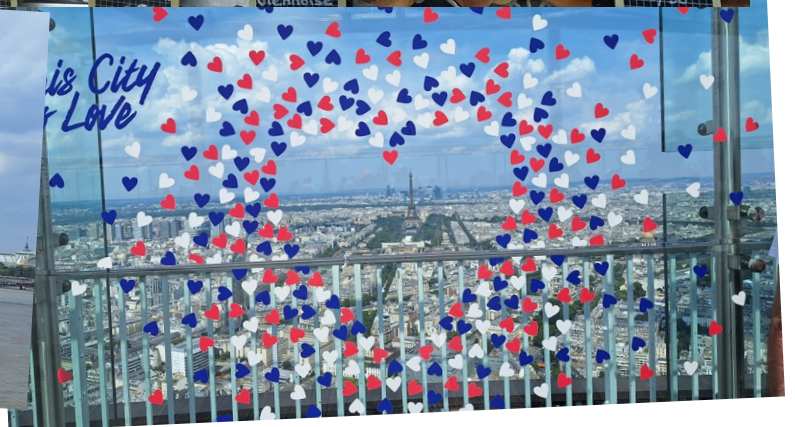
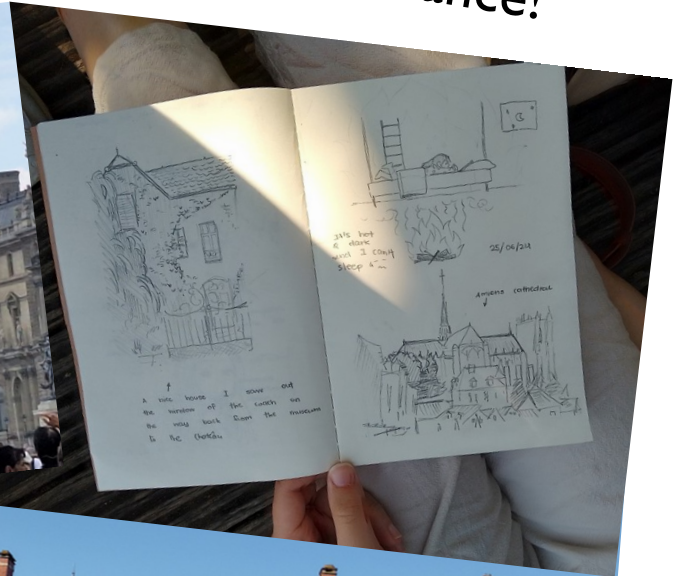
into the treetops to attempt a course.

Teachers as well as students got involved in teambuilding activities and we all cheered each other on, as the teachers competed to fly their paper airplanes the furthest. We all watched in amazement as Miss Wells sped down the zipline yelling out 'Tarzan' thoroughly enjoying herself and keeping us all in high spirits.

Chizua (Year 9)



A Postcard from France!





Y8 Reflections of France 2024!



The French trip was a lot of fun! Thank you for the time you spent to give us this opportunity to explore a different culture...

It was really eye-opening with the History about the war and things. My family and I also loved the macarons, they were really yummy.

Merci beaucoup! C'était super!!

I thought the French trip was so much fun. Thank you so much for organising the trip for us. I loved how we learnt so much about the history of France during the war and I found the museum especially interesting.

Overall I loved this trip and found it helped enrich my French knowledge.

Thank you so much again

Our school trip to France was an incredible adventure. We arrived on Monday at the charming Château de Warsy, settling into its picturesque surroundings. On Tuesday, we visited the historic battlefields, gaining a deep appreciation for the region's history. Wednesday was spent in Amiens, where we enjoyed shopping and exploring the local culture.

Thursday took us to Paris, where we marvelled at the city from a boat ride along the Seine and visited the Montparnasse Tower for breath-taking views. On our final day, we delighted in the aromas and flavours of a local bakery, a perfect end to an unforgettable week. I would also like to thank all of the staff for sacrificing family time to make this trip possible.

The French trip this year was really good and I enjoyed it thoroughly.

My personal favourite activities that we did were the boat trip and shopping. I liked the time alone to shop and hang out with my friends. I greatly enjoyed the boat trip and visiting Paris, as we got to see all the sights and the Eiffel Tower, which was good. I liked the World War One day and seeing the cemeteries and memorials was very educational. I also loved the cathedral because it was very pretty and Mrs Barker's booklet was really fun to do as an activities inside.

The France trip this year was exciting and a very positive experience. I have made many memories with my friends that I will keep forever and have seen places that I never thought I would ever be able to see.

My personal favourite activity we did was either going to Amiens or sightseeing Paris on the boat trip. I like Amiens because I was able to use the French I was taught, to speak to shop assistants and I also liked it because I bought things like sweets that I would not be able to purchase in England. The boat trip was exciting and interesting because I could see everything, like the Eiffel Tower, from everywhere I looked and I managed to see all of the amazing sites that I have always wanted to see.

The trip to France will be a very memorable experience for me. I enjoyed visiting Paris the most because I saw many world-famous structures such as the Eiffel tower and the Arc de Triomphe. I also liked the shopping trip in Amiens because I bought presents for my family and enjoyed meeting some French children and practising my French speaking skills. Overall, the French trip was a once in a lifetime opportunity that I will never forget.

Thank you to all the staff members that made the trip possible.

The trip was very educational but still was able to be fun. Going to the battlefields was interesting as I learnt more about WWI and its impact on European countries. The shopping was also very fun and the Paris trip was incredible and I got to see many wonderful sites. The most important part was the use of our French. I think that we were able to use our French and learn about the culture. The "château" was also very nice and the staff were too! Overall this was a great trip and I'm happy I went!

The France trip 2024 was overall really good. Each day tested our French skills in completely different ways. The battlefields were interesting. The shopping and cathedral were a wonderful experience. Paris was lovely and the travel days weren't that bad!

The chateau was a lovely place to stay and the scenery and building it self was just beautiful. I definitely don't regret signing up to this trip.



Germany Residential 2024



Year 8 spent 4 glorious days in Germany during Curriculum Enrichment Week. The pictures tell the story!



A beautiful evening in Boppard - our base for the week!



Das Eis ist lecker!



A tour of Burg Cochem Castle



At the Musikkabinett (musical instrument museum)



An evening of mini golf in Boppard



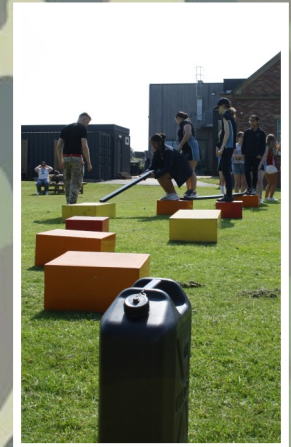
A stop at Phantasialand on the way home!

When they were not enjoying the beautiful Shropshire countryside on their Duke of Edinburgh expedition, Year 9 had the opportunity to work with Army trainers on their leadership and teamworking skills.

A range of both classroom and practical challenges saw them tested both physically and intellectually! Activities included bridge building, code breaking and even wheelbarrow racing!

All of them required the students to work closely together, listening to each others ideas and accepting different ideas than their own.

It was a fantastic experience that the students thoroughly enjoyed! Just as importantly, they developed those 'soft' skills that will help them so much in later life.



German MFL Day for Year 8

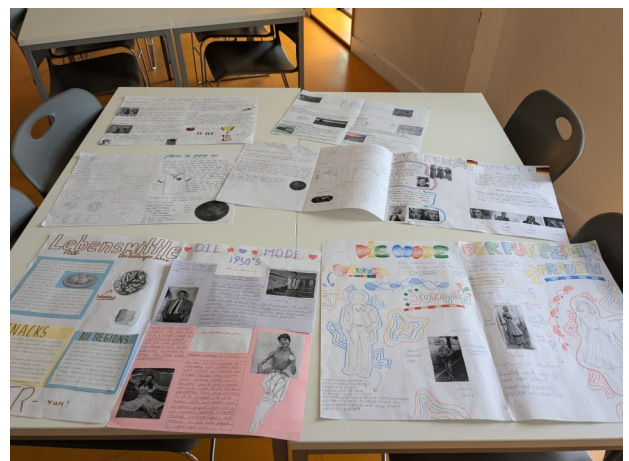
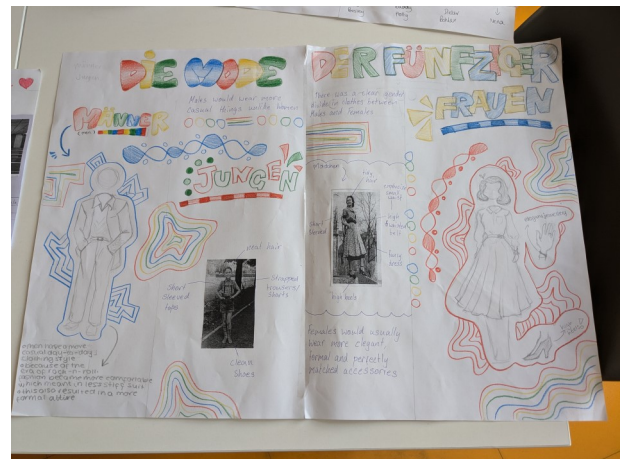


As part of Curriculum Enrichment Week, the students who did not go on residential trips had a day learning about a key event in German sporting history.

In the morning they watched a film called das Wunder von Bern (The Miracle of Bern). This is about Germany's 1954 World cup win. They did a language based worksheet on this.

In the afternoon they worked in groups and researched life in the 1950s post war choosing topics such as fashion, music -rock and roll, food, cars etc. They collated this information into a poster and presented to the other groups.

Mrs Payne



Year 7 at Poole's Cavern - Peak District

In glorious sunshine, the year seven pupils had a chance to visit Poole's Cavern in Buxton as part of their geography studies. A two million year old natural limestone cave, Poole's cavern was a chance for the students to learn about stalactite and stalagmite formation as well as the various inhabitants and uses of the cavern over the last 15,000 years! They also learned about the production of limestone in the surrounding hills and the fearful conditions the 18th century workers had to endure!

The cavern gets its name from a notorious 17th Century highwayman who used it as a hideout. However it has also been used by Bronze Age settlers for winter shelter and the Romans turned it into a shrine to a water goddess. Students had the chance to view some ancient artefacts in the small museum as well as take some very impressive pictures!



'Bob Ross' Art Day

Year 8 created artwork inspired by the 1980's American TV artist and educator Bob Ross. The work was completed in a day using acrylic paints and a range of techniques. The theme was 'Mountains' and Mrs Benoit was thoroughly delighted with the quality of work produced!

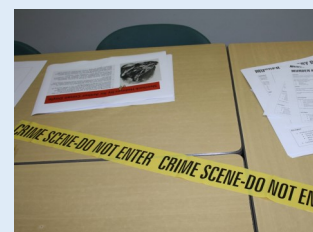


It's Murder at NGHS!

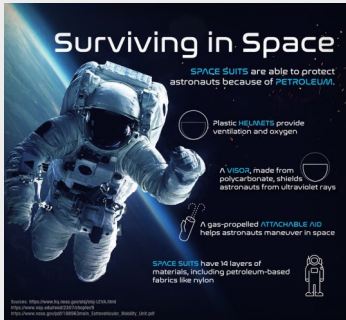
Don't worry though - it's all part of Curriculum Enrichment Week! As part of their English work, the Year 8's have been learning all about the murder mystery genre.



They have studied different authors, techniques to build suspense, created storyboards and a host of other aspects around the theme. To complete the activity they created displays based around their experience. At the end of the day, they all agreed it was DEAD good!



'Space' Science Day for Y8 and Y9 during CEW

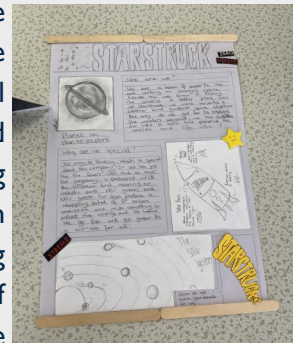


On Monday's Space Science Day, students in Year 8 and Year 9 took part in several exciting activities all related to how we are going to survive and colonise space and other planets. Year 8 began the day with Sarah

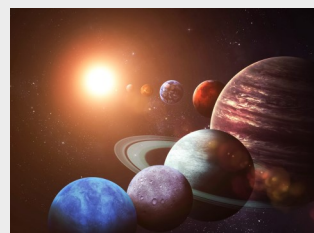
Llewellyn-Davies from the Astro Educator and completed several mini-experiments including shooting rockets across the classroom and how to produce vital substances including water, oxygen and food in space. They also learnt about the importance of asteroids for finding new chemicals and substances to help our future space travel. I know they found the rockets firing across the classroom in the dark very exciting! Year 9 spent the morning creating their own private space company, including a logo, mission statement and unique selling point, building on their enterprise skills. In addition



they had to build a prototype "bottle rocket" and some of the designs were amazing. All students in both year groups had the chance to enjoy launching their bottle rockets outside on the field, the furthest travelling nearly 30 metres! Staff commented on how hard the students worked and how focused they were on completing the winning design.



The day ended with a prize giving for the best company design, furthest travelled rocket, best designed rocket (judged on "spaceworthiness!") and also an overall winner. I hope that they left the day inspired to learn more about engineering, space travel and how humanity will one day travel the stars.



Mr R Wright

ROBOTS AND DRONES GALORE!



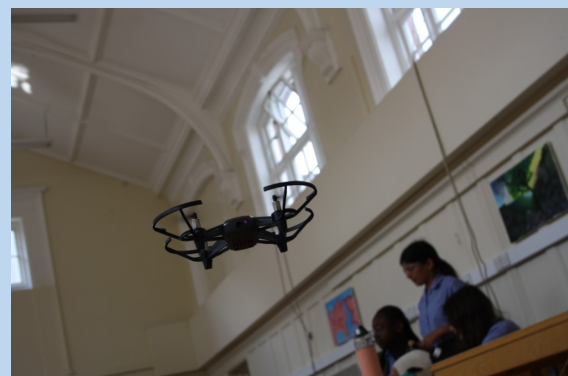
For year seven curriculum enrichment week I had a STEM and robotics day on the Thursday which I thought was one of the best activities we did that

week. At the start of the day, we spent the morning building and programming our own Lego robots. Using an app we were able to program our robot's movements and we used this to make the robot take a certain route as well as go on missions for example saving an astronaut that got stuck or moving a fake nuclear waste barrel. I found



these activities really fun and it even had an element of challenge. After lunch we learned how to program drones to move up, down, forwards, backwards, left, right and even how to do a backflip! We were able to access the drone's camera and could control all of this on a laptop. To finish the day off we did some fun and challenging maths problems in groups as a competition against the other groups. Overall this was a really fun part of curriculum enrichment week!

Paige M (7G)



Y9 Duke of Edinburgh Expedition



Greeting a very friendly sheep on the Long Mynd!

Year 9 had a challenging but exhilarating 3 days on their Bronze Duke of Edinburgh Expedition during Curriculum Enrichment Week! In glorious sunshine the students had to

overcome a variety of challenges and obstacles in order to pass this part of the

award. Based in Church Stretton and the beautiful Shropshire Hills it was certainly an event to remember! From pitching their tents, navigating a 20 mile hike over the 3 days, cooking their food, working in teams, treating their blisters and dealing with the heat I think it is safe to say it was an event that will live long in the memory!

In order to receive their full DofE Bronze Award the



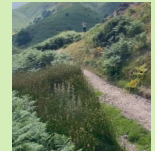
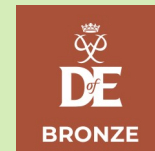
students also need to complete a number of other aspects such as volunteering, skill acquisition and physical activities. Once these are completed, they receive their certificate and

badge and are one step to closer to Silver and Gold and a visit to Buckingham Place!

Also, a massive thank you to Mrs Dainty, Mr Wade, Mrs Arsalan and Mrs Benoit for all their help accompanying the students. Without the good will and support of these wonderful staff the expedition wouldn't happen!

Mrs K Taylor

(DofE co-ordinator)



Students' Views of the Expedition

The Bronze Duke of Edinburgh was an other-worldly experience! It gave me the chance to develop stronger bonds with those in my group, learn new things about the world and taught me the importance of working in a team and much more.



The first walk was long and at times tiring yet we persevered and, in the end, it was all so rewarding when we stepped back and looked at our progress. We all used our individual skill sets throughout the journey too. The new skills we picked up included the ability to read a map and compass, pitch a tent, use a

portable stove etc.

Throughout the walk, we all kept group morale high and finished strong. I recommended DofE to anyone who wants to

try something new, expand their world and is open to challenges and problem solving. Overall, I really enjoyed DofE and made so many memories; it's an experience to remember.

Azeen A Y9



"Even though it was a massive challenge, DofE was an amazing and unforgettable experience! Despite having to walk over 6 hours a day in the heat (which was very tiring) this didn't stop us and as a team we all powered through the expedition! Although we faced many challenges, I am very glad I completed DofE because I have now made memories for life!" **Maame T (Year 9)**

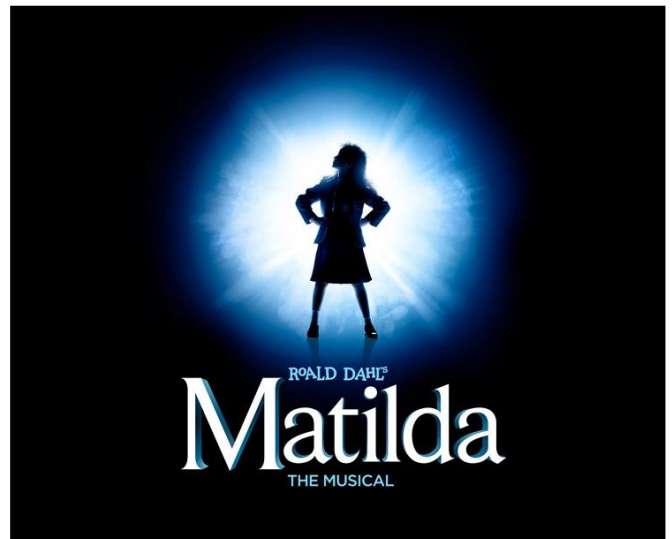


Navigating the hills with expedition leader 'Daz'!

Year 7 'Show in a Day!'

Year 7 thoroughly enjoyed the chance to create a 'Show in a Day' during CEW. Working with the Drama, Music and English teachers, the students wrote, drafted, choreographed and performed their own mini versions of 'Matilda the Musical' **ALL OF THIS IN JUST ONE DAY!**

The standard of performance was outstanding with amazing singing, dancing and acting from all involved. A massive well done to all that took part!



Lost Property...

We have a vast collection of lost property. Please can you ensure that your child claims anything belonging to them.

Anything unnamed by the end of the half term, may be donated or disposed off.

Thank you



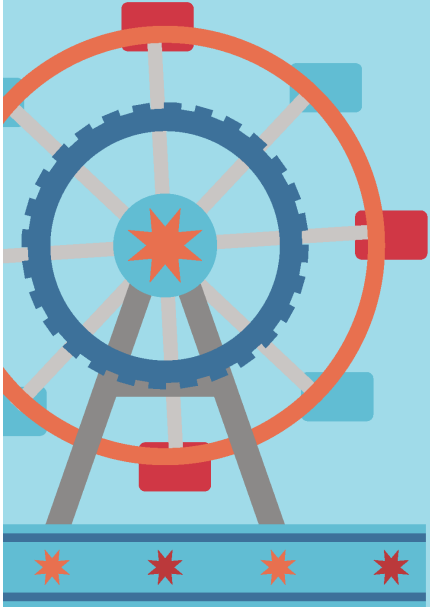

NEWPORT GIRLS'
HIGH SCHOOL

SUMMER FETE



Tuesday 16th July
4:15 to 6:00

STALLS INCLUDE:

- games and raffles •
 - food and drink •
 - young enterprise •
 - second hand uniform •
 - musical performances •
 - and much more!
- 
- 

All money raised will go towards supporting the school, its extracurricular activities, and the three school charities.

What Parents & Educators Need to Know about GAMBLING

WHAT ARE THE RISKS?

Gambling can be defined as betting or risking money or something of value on the outcome of a situation involving chance. Under current regulations, gambling is legal for adults in the UK. Its potential impacts on the wellbeing of individuals, families and communities are well documented – emphasising the importance of safeguarding children and young people against these hazards.

MANIPULATIVE ADVERTISING

FREE BET!!

Adverts for online bookmakers and betting exchanges can raise concerns about targeting vulnerable groups, fostering addiction, promoting misleading expectations, impacting mental health, affecting social norms, posing regulatory challenges, influencing minors and other ethical issues. Effective regulation, responsible advertising practices and public education are essential to mitigate these concerns and address the potential harms associated with excessive exposure to manipulative advertisements.

ADDICTIVE FEATURES

All gambling products carry safety concerns, but some can be even riskier and more addictive. The frequency with which people can place bets can encourage them to do so often – with rapid spins and multiple betting options, for example. Betting on sports events, especially with live in-play betting options, can be highly engaging and habit forming. The 24/7 availability of online platforms can also increase the risk of excessive gambling, particularly among young people.

PEER PRESSURE

Exposure to gambling through friends, influencers or social circles can normalise risky behaviour and create unrealistic expectations about the chances of winning. Addressing peer influence requires support services, responsible advertising practices and effective education on the subject to minimise the impact on children and promote healthier choices.

IMPACT ON MENTAL HEALTH

Gambling can exacerbate mental health issues such as anxiety, depression, and stress – especially if it leads to financial loss. Individuals with existing mental health conditions may use gambling as a coping mechanism – but the cycle of gambling can worsen their symptoms, creating a detrimental impact on overall wellbeing. Integrated support services and treatment options are crucial to address these interconnected challenges effectively.

GATEWAY BEHAVIOURS

Certain features of other products – such as video games that offer in-game purchases – can lead to gambling among young people. These mechanisms can sometimes be designed to exploit psychological vulnerabilities, encouraging repeated spending to acquire virtual items or advantages. Such practices can normalise the associated risks and desensitise young people to putting their or their family's money in danger.

FINANCIAL DIFFICULTIES

The most common impacts of online betting come in the form of financial losses and debt. This, in turn, can lead to distorted perceptions of money, deterioration of relationships, social isolation, and poor academic and career outcomes. Regular gambling can even exacerbate other risky behaviour by making it seem less significant – potentially leading to a cascade of health impacts and financial loss.

Advice for Parents & Educators

ENCOURAGE OPEN DISCUSSIONS

Sporting events can be a good opening for conversations about gambling, as some sponsorships may reference and even glamourise it. Talk to children about how these promotions make them feel and encourage frequent conversations about any concerns they may have. Adverts, influencers and online platforms may also feature gambling products. As a child grows, it's important to encourage their critical thinking skills to help them avoid being manipulated by this type of marketing.

MONITOR SPENDING

In-game purchases can be appealing to children, allowing them to unlock new features or cosmetic items in a fraction of the time it would take to win them by playing. Talk to children about how they spend money online; an interest in what video games they play can encourage the conversation. Consider setting up restrictions on their devices, requiring their parent or carer's permission before making any purchases. Talk about finances regularly and openly.

KNOW THE WARNING SIGNS

Parents and educators should be vigilant for signs of gambling harm among young people. Look for changes in their behaviour such as increased secrecy, unexplained money issues, mood swings or withdrawal from their usual activities. Open conversations about gambling risks and maintain a supportive, non-judgemental environment. Try to familiarise yourself with resources and helplines for assistance and guidance.

GET FURTHER SUPPORT

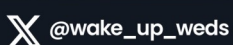
Support and treatment for young people is available via the Young People's Support Service at GamCare, who can be contacted at 0808 8020 133. A link to their website has also been included in the sources of this guide, along with links to several other support networks. Your GP and local NHS gambling clinic are also available if you require additional advice. Don't hesitate to reach out for help if you're concerned about a child's gambling behaviour or their financial situation.

Meet Our Expert

Ygam's mission is to prevent children and young people from experiencing gaming and gambling harms through awareness raising, education, and research. The charity was established in 2014 as a result of the lived experience of their founders.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/gambling>



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NGHS PASTORAL TEAM

WHO'S WHO?

At NGHS, the safety of students, staff and visitors is our top priority. Students can speak to **ANY** member of staff about any concerns, but there are certain colleagues with additional training to support you in pastoral and safeguarding matters.

Heads of Year



Mrs H Goodall
Head of Year 7



Mrs A Chapman
Head of Year 8



Miss J Walker
Head of Year 9



Ms J Capaldi
Head of Year 10



Mrs D Martin
Head of Year 11

Sixth Form Team



Mrs K Griffin
Head of
Sixth Form



Miss E Heyes
Well-Being Officer



Mrs V Glew
Administrator
(Sixth Form)

Safeguarding Team



Mrs H Birch

Assistant Headteacher
Designated
Safeguarding Lead (DSL)



Mrs K Danby

Well-being Manager, CSE Lead
Senior Deputy
Safeguarding Lead



Miss S Webster

Interim Headteacher, Deputy
DSL



Mrs F Davenport

Pastoral Support, Deputy DSL