



NEWPORT NEWS

A weekly update from NGHS

Volume 2 - Issue 6 - Friday 12 October 2018

Head's Lines



Tonight is the PTA Quiz Night: Thank you to the 80+ families attending and I write this letter in anticipation of the wafting fish and chip aroma in the Atrium and buzz of brain power! It should be a great night.

Last week I mentioned, in passing, a request for parents to consider whether they might be able to come into school to talk about their career. We would particularly be interested in hearing from those working in science/medical/dental careers, the arts, business and engineering fields. Mrs Gill is developing a list of contacts and we do need the support of parents and governors to offer their expertise, which is always welcomed by students. We also hope to start a series of **business breakfasts** as the timings may be better. Again, any contact with Mrs Gill via schooloffice@nghs.org.uk is appreciated.

Wednesday was **Mental Health Awareness Day** and our school was shining bright with yellow accessories, nails and scrunchies. Please read more on page four. Thank you to the Y12s who helped heighten the awareness that this important day brought to us all.

Half term is slowly appearing over the horizon and this term finishes with a lovely **Poetry Evening**, which Mr Postle and the English Department are planning. There will be a number of girls from all year groups taking part and everyone is welcome for a feast of the spoken word. We hope that some of our local neighbours and friends from Burton Borough School will also be able to join us. It starts at 7pm on Thursday 25 October in the Atrium.

This week, I was delighted to allow a group of girls from Year 8 to hold a tombola which raised a wonderful £300 for **Zac Oliver's treatment fund**. Thank you for the large number of quality tombola items which were donated. The support from the community has been most impressive, as has the enterprise of our girls, who worked hard to co-ordinate the tombola.

Hot on the heels of our fantastic House Bake-Off comes our first ever **House Quiz** next Thursday. Mrs Wallace and some of my colleagues have been writing questions which are definitely accessible, but require some brain power! If the response to the Quiz mirrors that of the recent Bake-Off, we are in for a treat!

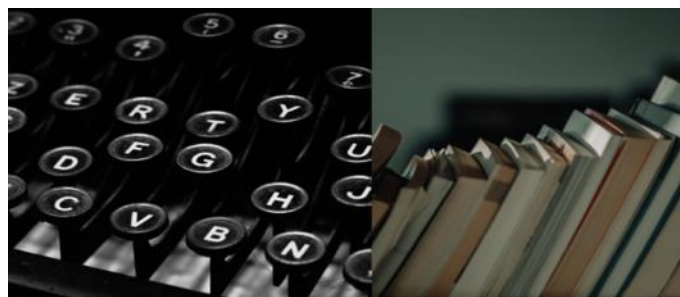
Wishing you a pleasant weekend,

Mr M J Scott

Travel from Wolverhampton?

Anyone still trying to find transport to NGHS from Wolverhampton, Codsall, Pattingham, Tettenhall, Albrighton etc. is welcome to contact **Bolton Travel Ltd.** who would be interested in ascertaining demand for an NGHS Bus Service. Travel cost is on application and dependent upon demand.

Please speak to **Mr Dean Simpson** on **01902 601961** or email boltontravel@outlook.com for more information. We hope that this contact may be useful to you.



**NGHS
ENGLISH
PRESENTS:
AN
EVENING
OF POETRY**

**Thursday 25th
October
7pm
The Atrium**



Newport Girls' High School

Wellington Road
Newport, TF10 7HL
Tel: 01952 797550

Headteacher: M J Scott BA(Hons) Exon PGCE NPQH

To contact the School about a general enquiry, please use schooloffice@nghs.org.uk



SPOTLIGHT ON Year 7 Teambuilding

“ We all made new friends and really enjoyed our day. (Isabella, Y7) ”



On Friday 5 October, the whole of Year 7 went to Edgmond Hall Centre for Outdoor Learning. It was a great opportunity to get to know our year group and we did lots of activities together in different teams. When we arrived at school, were put into four groups: North, East, South, and West. North and East boarded one bus; South and West boarded the other.

Once we arrived, the team at Edgmond took us to our tables outside to put on our wellies and leave our bags. North and East then went with Geoff, the instructor, down to the forest and spent the first half of the morning building dens. We were put into groups of seven and had forty minutes to build a shelter, making it stable and waterproof. Once our time was up, Geoff put our constructions to the test by standing on them and then (while volunteers were inside!) pouring water on them. Meanwhile, South and West spent the first half of their morning doing different problem-solving activities with instructors Debbie and Fran.

Later in the day, we swapped around, ate our packed lunch and had some time on the play equipment. In the

afternoon, North and East went back to the forest and each group of seven students made a piece of artwork using different materials that we found in nature while South and West created freeze frames (in costume) to tell a story based on a topic they had been given.

At the end of our activity-packed day at Edgmond Hall, all the groups met up back at the tables and talked about what we had learned and our experiences. We all made new friends and really enjoyed our day. Thank you to Ms Capaldi who organised the teambuilding day and to all the teachers who joined us at Edgmond Hall.



The Red Box Project

Last week we shared the School's results from the Make Your Mark Ballot, which showed the second highest issue for our students was to end **period poverty**. We have since been in touch with the local authority about introducing the Red Box scheme to our school community.

We have displayed posters around school to make girls aware that if they are in genuine need of free sanitary towels/tampons they just need to help themselves in the red box in Mrs Davenport's room.

Eva swims and wins!

Congratulations to Eva (Year 7) who has recently competed in the Shrewsbury Swimming Club Open Meet at Wolverhampton Central Baths and won an impressive five medals including 400m individual medley (Bronze), 100m breaststroke (Silver), 50m breaststroke (Silver), 200m breaststroke (Gold), 100m individual medley (Silver). Eva was particularly pleased with her performance as it was the first swimming meet of the season. Well done, Eva!



SPORTS ROUND UP

Young Volunteer of the Year

We were delighted to learn this week that **Keira Hughes** (Year 10) has been named West Midlands Young Volunteer of the Year 2018 and can be seen receiving her award from the Swim England President.

In the citation, read out at the awards ceremony, Keira was praised for her work timekeeping and chaperoning at a number of galas and always smiling and encouraging young swimmers. She particularly enjoys coaching first-time swimmers and her club has received many letters of praise from families. Well done Keira on this prestigious award!



Congratulations to

Rebecca Tichford (year 11) who has made the long list for the GB U17 Women Handball Team following recent trials.



U16 @ Church Stretton

Our U16 netball team competed at the county tournament at Church Stretton School and, despite injuries, managed to finish in **THIRD** place overall! They showed incredible teamwork and instantly worked on any feedback given by Miss Clarke; A massive well done!

TWSSA Year 9 Netball

What a fantastic night of netball last Thursday. Both teams made huge progress and played some great netball. Here were the results:

Place	League 1	League 2
First	Abraham Darby	NGHS
Second	Thomas Telford	Ercall Wood
Third	Idsall	HLC
Fourth	NGHS	Madeley
Fifth	Charlton	Burton Borough
Sixth	Burton Borough	Abraham Darby
Seventh	Ercall Wood	—





**WORLD
MENTAL
HEALTH
DAY
2018**



Year 11s donning yellow accessories!

Wednesday 10 October was World Mental Health Day. Mental Health is a topic we feel extremely passionate about in the Health and Wellbeing Committee. Because of this, Year 12 organised a #HelloYellow day inspired by YoungMinds, one of the UK's leading charities supporting mental health awareness for young people.

Pupils were encouraged to wear a yellow accessory in order to show solidarity with World Mental Health Day. Moreover, form tutors were recommended to show a short video on what the day is all about. Wednesday rolled around and the school was a sea of yellow ribbons and scrunchies. Others donned yellow nail varnish, earrings and some even wore yellow socks! We, as a committee, were extremely grateful for the response the event received and this perfectly demonstrated the supportive and progressive nature of our entire school community.

Year 12 Health & Wellbeing Team



Zac Oliver and his mum Hannah

TOMBOLA THANKS

Thank you to everyone who helped us raise about £300 at the NGHS Tombola for Zac Oliver's leukaemia treatment. A cheque from NGHS will be sent to his family in Telford. Well done to Rosie, Katy, Jessica, Maahi, Frankie and everyone else who helped with the tombola, as well as everyone who donated an item.

HEALTH & WELLBEING TOP TIP! Meditation can help you focus!

Meditation has been scientifically proven to help focus. By meditating for 10 minutes in the morning and 10 minutes at night you can significantly improve your focus levels.

Hannah A7

Forthcoming Dates...



Date	Event	Year(s)
Mon 15 Oct	UCAS Personal Statement Deadline	Y13
Tue 16 Oct	Healthy Drop-In at Lunch	All
Thu 18 Oct	House Quiz (Lunchtime)	All
Tue 23 Oct	Nice Trip Departs	Y9-10
Wed 24 Oct	India Trip Departs	Y11-13
Thu 25 Oct	Non-Uniform Day (School Fund) Poetry Evening, 7pm	All All
Fri 26 Oct	Half Term begins at 3.45pm	All
Mon 5 Nov	School begins at 8.45am	All
Wed 7 Nov	Parents Evening	Y10
Fri 9 Nov	GCSE Presentation Event <i>Normal school continues for all</i>	Winners
Mon 12 Nov	House Music Event Governors committees, 6/7pm	All Govs
Thu 15 Nov	Sixth Form Open Evening	Y11
Mon 19 Nov	Mock Exam Week Physics Live	Y11 Y12-13
Fri 23 Nov	Sixth Form Council Meeting	Y12-13